



Pondicherry University

(School of Social Sciences and International Studies)

Centre for Women's Studies

INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2020

Theme: Generation Equality: Realizing Women's Rights

Yoga for Women

As part of the International Women's Day Celebrations 2020, the Centre for Women's Studies is organizing a programme on Yoga for Women of Pondicherry University Campus between 18.02.2020 and 10.03.2020 (weekly one-day – every Tuesday), 3.30pm – 4.30pm in the Seminar Hall, 1st Floor, Dept. of Management Studies (DMS-Old Block), Pondicherry University.

- **Date:** 18.02.2020 to 10.03.2020 (Every Tuesday)
 - **Timing:** 3.30pm to 4.30pm
 - **Venue:** Seminar Hall, 1st Floor, Dept. of Management Studies (DMS-Old Block), Pondicherry University
 - **Participants** are requested to assemble near Dept. of Management Studies (DMS-Old Block), Pondicherry University at 3.15 pm.
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Organizers: Centre for Women's Studies, Pondicherry University and Sri Aurobindo Foundation for Indian Culture (SAFIC), Aurobindo Society, Puducherry.